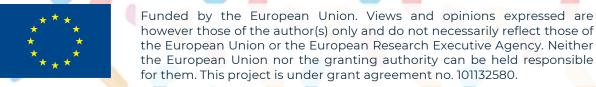


# WinWin 4 WorkLife

Coordinated by the **Luxembourg Institute** of Socio-Economic Research











# WinWin4WorkLife: Overview



Enhance understanding of Remote Working Arrangements (RWA) and their impacts on work-life balance, health, and productivity.



### Scope

Interdisciplinary approach covering urban, rural, and cross-border areas in Europe.



#### **Focus**

Assess living and working conditions, forecast environmental impacts, and develop policy recommendations.



Funded by the European Union



2024 - 2027



# WinWin4WorkLife: Project Objectives and Impact



### **Key Objectives**

Healthy Work-Life Balance:

Assess conditions ensuring healthy RWA for diverse populations.

Environmental and Spatial Impacts:

Develop models predicting impacts of RWA on mobility, land use, and air quality.

Cross-Border Research:

Explore RWA uptake influenced by culture, regional context, and welfare systems.



### **Expected Impact**

Policy Influence:

Provide evidence-based recommendations to shape future remote work policies.

Health and Well-Being:

Promote strategies to enhance mental health and reduce inequalities.

Economic and Environmental:

Mitigate environmental impacts and optimize resource allocation.



# #WW4WL: Case Studies

### **Methodology:**

#### 1- Surveys and Interviews:

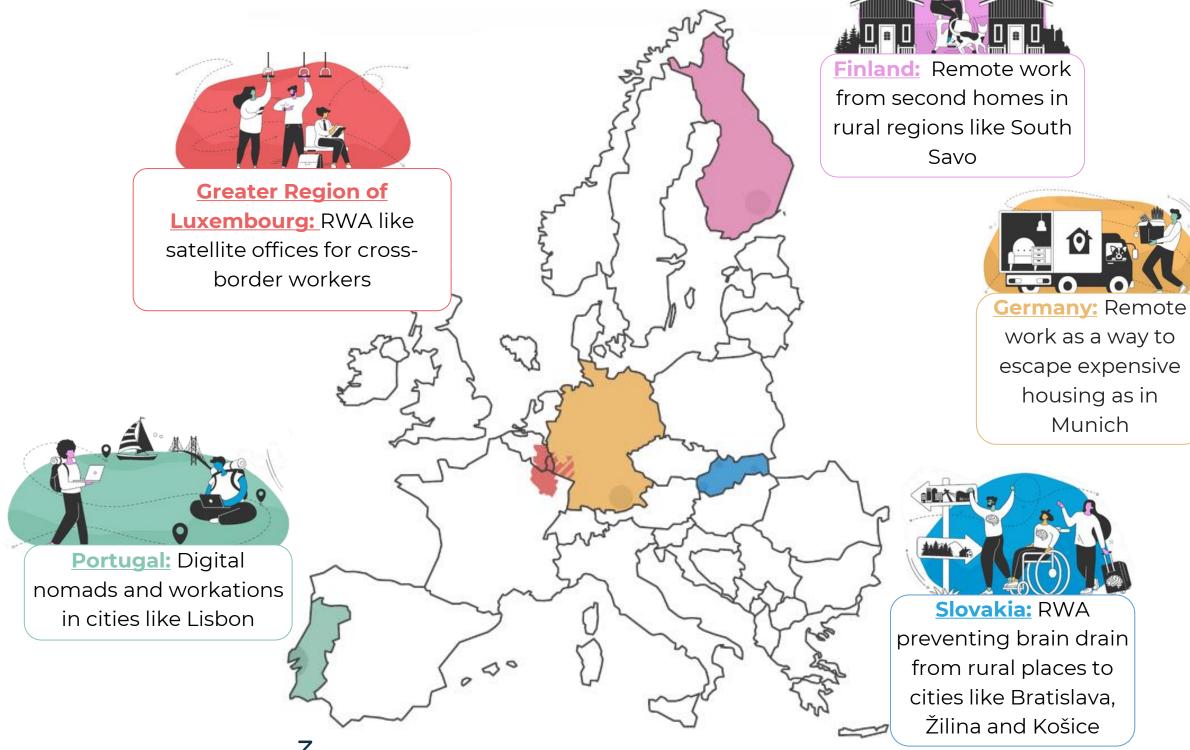
Data collection from employers and employees.

#### 2- Modelling and Forecasting:

Spatial forecasting models for activity and travel behaviour.

#### 3- In-Depth Analysis:

Mixed methods approach for comprehensive understanding.





# WinWin4WorkLife: Project Results



# Literature Review and Surveys:

Comprehensive review on RWA impacts on mental health and productivity



### **Model Development:**

Integrated land use/transport models reflecting RWA impacts.



### **Data Collection and Analysis:**

Surveys, time-use diaries and interviews from selected case study locations.



## Policy Recommendations:

Evidence-based guidelines for sustainable and inclusive RWA policies.



#### Feedback to stakeholders:

Presentation of the results and discussions with the stakeholders



# WinWin 4 WorkLife

Thank you

### **PARTNERS**





















**Danish Committee for Health Education** Komiteen for Sundhedsoplysning











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