

JUNE 2026

WINWIN4WORKLIFE

NEWSLETTER

FROM EVIDENCE TO
REMOTE WORK FUTURES



Dear readers,

Remote work is no longer only a response to crisis. Across Europe, it is reshaping how people work, where they live, how companies organise themselves, and how cities, rural areas and cross-border regions plan for the future.

Over the past months, the WinWin4WorkLife project has reached an important stage: after building a shared conceptual framework and launching large-scale data collection across five European case studies, the project is now moving from data collection towards analysis, modelling, stakeholder engagement and policy co-creation.

In this second newsletter, we look back at our recent joint symposium, share the latest project progress, introduce the next steps of our foresight work, and invite you to join our upcoming Virtual Café on The Right to Disconnect.

Visit our [website](#) 



Funded by the European Union. Views and opinions expressed are however those of the author(s) only and do not necessarily reflect those of the European Union or the European Research Executive Agency (REA). Neither the European Union nor the granting authority can be held responsible for them.

Remote work in Europe: highlights from our joint symposium



Photo credit: REMAKING project

On **22 April 2026**, **WinWin4WorkLife** joined forces with its sister projects **REMAKING** and **R-MAP** for the symposium:

Remote Work in Europe: Evidence, Impacts, Policy: Mid-term insights from three Horizon Europe projects

The event took place online and in person at **ZEW – Leibniz Centre for European Economic Research** in Mannheim, Germany, and brought together researchers and stakeholders working on the future of remote work in Europe.

Throughout the day, the three projects explored how remote working arrangements affect employees, employers, cities and regions. Discussions covered a wide range of topics, including work-life balance, mental health, productivity, wage-setting, housing choices, mobility, environmental impacts, regional development and policy responses.

For WinWin4WorkLife, the symposium was an opportunity to present the project's overall progress and early insights, including:

- a shared framework to understand remote work across disciplines;
- emerging findings from employer and employee perspectives;
- early reflections on who offers and who demands remote work;
- modelling approaches to understand how remote work may affect mobility, congestion, emissions and public health;
- policy questions around mental health, the right to disconnect, infrastructure and equitable access to remote work.

The symposium also strengthened cooperation between the three sister projects and opened new opportunities for joint dissemination, comparative analysis and policy dialogue.

[Read more about the symposium](#)



Where are we now?

From data collection to analysis

WinWin4WorkLife is built around five case studies, each highlighting a specific dimension of remote work:

- Finland** – remote work from second homes and multi-local living
- Germany** – housing pressure, relocation and flexibility in the Munich Metropolitan Area
- Luxembourg** – cross-border commuting and satellite offices
- Portugal** – digital nomads and urban change in Lisbon
- Slovakia** – remote work as a possible response to brain drain and regional imbalance

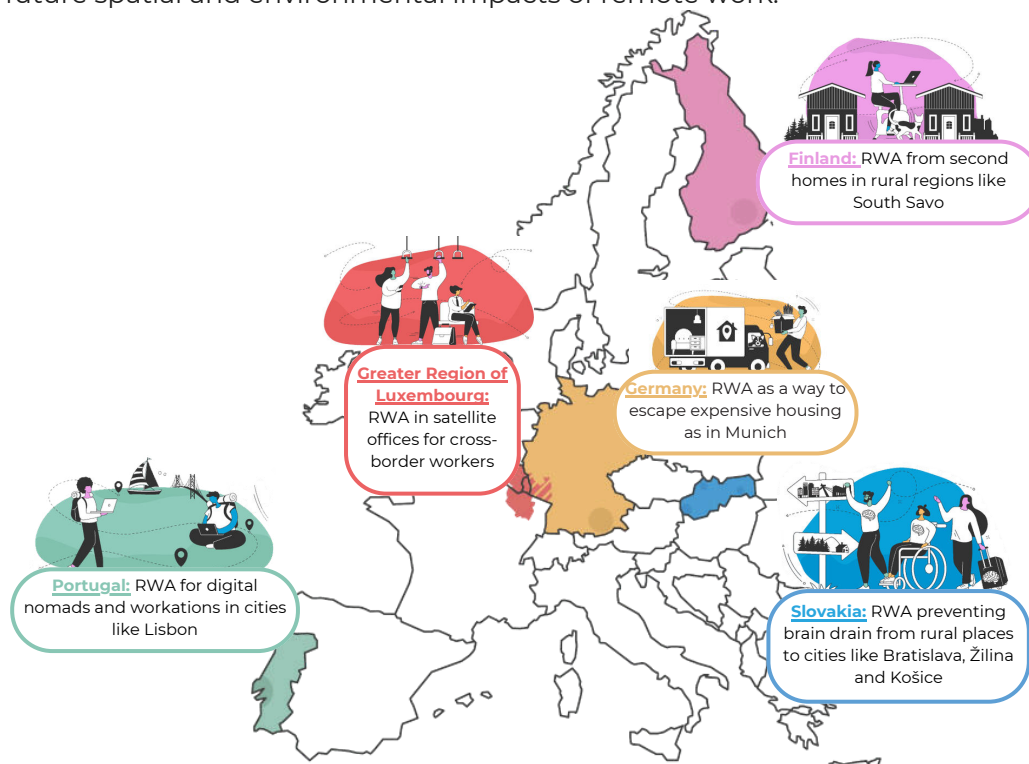
Across these regions, the project combines employer surveys, employee surveys, time-use diaries, GPS-based mobility data and in-depth interviews. This mixed-method approach allows us to connect the professional sphere with the private sphere, while also looking at wider spatial and environmental effects.

A major milestone has now been reached: employer data collection and employee data collection (surveys, time-use diaries with GPS tracking and interviews) are now completed across the five countries. The digital nomad survey, in Portugal, is also completed.

The data are currently being cleaned, weighted, anonymised and prepared for analysis. Full analyses will start soon, while the analysis of the employer/company survey is already underway.

This evidence base will support upcoming analyses on:

- productivity, creativity and organisational practices;
- mental health, loneliness, well-being and work-life balance;
- digital skills and inequalities in access to remote work;
- relocation decisions and housing pressures;
- daily mobility, travel behaviour and possible rebound effects;
- future spatial and environmental impacts of remote work.



WinWin4WorkLife on the move

Over the past months, WinWin4WorkLife partners have actively shared project insights through publications, international conferences, webinars and scientific events.

OUR PAPER IN SOCIAL INCLUSION

A major milestone was the publication of our first open-access paper in *Social Inclusion*: “**The Impacts of Remote Work on Residential Space: A Review on Relocation, Multilocality, and Spatial Inequality**”. The paper explores how remote work may influence where people live, the rise of multilocal lifestyles, and the risk of reinforcing or reshaping spatial inequalities.

[Read the paper](#) 

TRA 2026 IN BUDAPEST (HUNGARY)

WinWin4WorkLife was represented at **TRA 2026**, where **University of Žilina (UNIZA)** presented the conference paper “**A Review of the Impacts of Remote Work Arrangements on Travel Behaviour and Activity Patterns**”. The team also introduced the project at the ECTRI stand, highlighting how remote work may affect daily mobility, travel behaviour and sustainable transport futures.



WSTLUR 2026 IN BEIJING (CHINA)

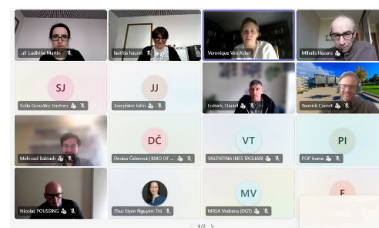
At **WSTLUR 2026**, **Giulio Giorgione** from **LISER** and **João de Abreu e Silva** from **Instituto Superior Técnico (IST-ID)** presented results from WinWin4WorkLife. Their work focused on how telework may influence companies' relocation preferences, using a discrete choice model to better understand possible spatial effects of remote working arrangements.

BENELUX GEOGRAPHY CONFERENCE IN LEUVEN (BELGIUM)

The project also contributed to the **BeNeLux Geography Conference** through a special session organised together with our sister project **R-MAP**: “**Remote Work, Real Consequences: Shaping Life, Mobility and Space**”. This session offered an opportunity to discuss how remote work is reshaping everyday life, housing choices, mobility patterns and territorial dynamics.

FIRST WINWIN4WORKLIFE WEBINAR

Finally, **LISER** organised the first **WinWin4WorkLife** webinar on 10 April 2026, titled “**Remote Work: Boosting Productivity, Killing Innovation?**”. Around 30 participants joined the discussion on the conditions under which remote work can support productivity without undermining innovation. The exchanges highlighted the importance of trust, empowerment, supportive management and employee-centred organisational practices.



[More information on our website](#)



What could remote work look like in Europe by 2050?

WinWin4WorkLife is launching its Delphi Survey: a two-round participatory foresight process led by **Universidad Politécnica de Madrid (UPM)** aimed at exploring what remote work could look like in the coming decades, and what policy pathways could help make these futures healthy, inclusive and sustainable.

The survey covers the **key drivers and uncertainties shaping remote work in the decades ahead, and the social, economic, spatial and environmental impacts of alternative pathways**. These insights will then feed into local workshops in our five case study areas, where European scenarios meet on-the-ground realities.

Your informed judgment is what makes this process meaningful, and your input will directly shape the long-term scenarios and policy conversations that follow.

The survey is now open at this [Link](#) (available in English; you can respond in your own language). We'd love your participation and your help reaching others in your network.



WinWin4
WorkLife

Shaping the Future of Remote Work

Delphi Survey on Key Drivers, Uncertainties and Future Pathways of Remote Work Arrangements in Europe towards 2050

Participate

Polygon  

Upcoming Virtual Café: The Right to Disconnect

THE RIGHT TO DISCONNECT: DISCONNECTING FROM WORK DURING SUMMER BREAK

17 June 2026 | 13:30–15:00 CET | Online

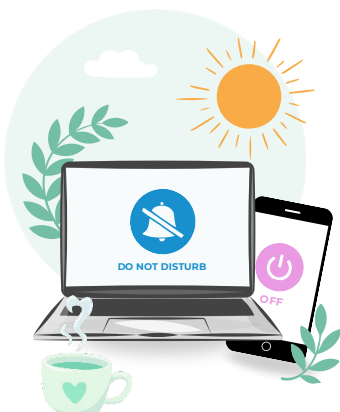
As summer break approaches, one question becomes especially important: how can we make sure that time off really means time off?

The next WinWin4WorkLife Virtual Café will focus on **The Right to Disconnect**, exploring how remote working arrangements affect employees' ability to set boundaries, prevent burnout and protect well-being during vacation periods.

Together with experts and participants, we will discuss:

- how remote work changes the boundaries between work and private life;
- why disconnection matters for mental health and well-being;
- practical strategies for employees and organisations;
- good practices to support healthier work cultures.

The session is open to researchers, policymakers, employers, employees and anyone interested in the future of work.



[Register for the Virtual Café](#)



What's next for WinWin4WorkLife?

In the coming months, the consortium will focus on several key activities:

- cleaning, weighting and anonymising the employer and employee datasets;
- advancing the analysis of employer and employee perspectives;
- developing the project dashboard and preparing results for wider audiences;
- continuing spatial and environmental modelling work;
- launching the Delphi process and preparing local workshops;
- strengthening dissemination through events, publications, press releases and future Virtual Cafés.

The project is now entering a decisive phase: turning rich data into insights, and insights into practical recommendations for healthier, more inclusive and more sustainable remote work futures.

Updates from our sister projects

WinWin4WorkLife is pleased to continue working alongside its sister projects to build a stronger, comparative and policy-relevant understanding of remote work across Europe. By sharing methods, findings and communication efforts, the three projects can help bring clearer evidence to policymakers, employers, employees and local stakeholders.

The **REMAKING** project is now bringing together the diverse results gathered through its case studies, interviews, focus groups and survey work across Europe. A key emerging finding is that **hybrid work has become the central model for rethinking remote work, with different impacts depending on territories, sectors and life situations**. The project is now focusing on connecting empirical results with practical policy implications, exploring how remote and hybrid work can help address challenges such as mobility, housing pressure, urban growth and territorial inequalities. These insights are helping **REMAKING** move towards **concrete recommendations for policymakers, stakeholders and communities**.



The **R-Map Platform** brings together **harmonised territorial data** and **outputs of the R-Map** model to show how remote working arrangements (RWAs) are influencing demographics, telework adoption, digital connectivity, services, well-being, and regional development across Europe. The platform **is designed for policymakers, regional planners, and researchers**, providing **free and open access to key indicators** with transparent metadata and organized around R-Map's thematic dimensions, so users can move quickly from data to insight.

Explore the R-Map Platform here: <https://r-map.eu/r-map-platform/>



*Visit the R-Map platform to explore
how remote work is reshaping
regions across Europe:*



How to find us ?



winwin4worklife.eu



[winwin4worklife-eu-project](https://www.linkedin.com/company/winwin4worklife-eu-project)



<https://www.facebook.com/profile>



<https://www.instagram.com/>



contact@winwin4worklife.eu

Our other WinWin4WorkLife partners:

